**CART-Q - English**

Commitment

1. I feel close to my athlete/coach
2. I feel committed to my athlete/coach
3. I feel that my sport career is promising with my athlete/coach

Closeness

1. I like my athlete/coach
2. I trust my athlete/coach
3. I respect my athlete/coach
4. I feel appreciation for the sacrifices my athlete/coach has experienced in order to improve his/her performance

Complementarity

1. When I coach my athlete/When I am coached by my coach, I feel at ease
2. When I coach my athlete/When I am coached by my coach, I feel responsive to his/her efforts
3. When I coach my athlete/When I am coached by my coach, I am ready to do my best
4. When I coach my athlete/When I am coached by my coach, I adopt a friendly stance